## TABLE OF CONTENTS

### Health & Wellness 4
- Primary Care
- Pharmacies
- Mental/Emotional Health
- Hormone Therapy
- Gender Affirming Surgery
- Breast Specialists
- Speech & Hearing Specialists
- Sexual Health
- Dental
- Massage Therapy
- Gym/Fitness

### Crisis Aid 9
- Crisis Center
- Hotlines

### Legal 10
- Legal
- LGBTQ Liaison
- Tax & Finances
- Attorney

### Faith & Spirituality 12
- Christianity
- Judaism
- Non-denominational

### Beauty 13
- Salons
- Spa
- Hair, Nails, Skin
- Teeth
- Tattoos & Piercings

### Food & Drink 16
- Restaurants/Bars
- Coffee
- Bakery/Dessert
- Bar
- Brewery
Shopping
- Shoes
- Vintage
- Lingerie
- MISC

Entertainment
- Clubs & Venues
- Games
- Museums
- Gardens/Nature

Clubs & Organizations
- Support
- Clubs
- Media

Housing & Maintenance
- Housing
- Realtor
- Morgage
- Home Repair

Education
- Consultant
- Elementary
- Higher Education

Resource Guide
- Join our Guide!
- Midsouth Trans Resource Festival
HEALTH & WELLNESS

PRIMARY CARE

SPIRIT HEALTH
1331 Union Ave | Ste 1240
Memphis, TN 38103
(901) 522-341
spirithealthmedical.com

MEMPHIS INTERNAL MEDICINE & PEDIATRICS
DR. ALLISON STILES, MD
1325 Eastmoreland Ave | Ste 150
Memphis, TN 38104
(901) 276-0249
memphis-medpeds.com

BMG PRIMARY CARE
WALK-IN CLINIC
DR. FREDDIE EVERSON, MD
1520 Union Ave
Memphis, TN 38104
(901) 276-2410
baptistdoctors.org/locations

MIDTOWN INTERNAL MEDICINE
DR. SHAWN HAYDEN, MD
1533 Union Ave
Memphis, TN 38104
(901) 721-1220
mig.health

CHEROKEE HEALTH SYSTEMS
2146 Frayser Boulevard
Memphis, TN 38127
1 (866) 231-4477
cherokeehealth.com
*Will work with no insurance. Provides HRT, and emergency counseling.

NORTH INTERNAL MEDICINE
DR. DOUGLAS O’DEA, MD
7378 Yale Rd
Bartlett, TN 38133
(901) 387-0193
northinternalmedicine.com/healthcare

PHARMACIES

CVS
2115 Union Ave
Memphis, TN 38104
(901) 274-4085

786 N. Germantown Pkwy
Cordova, TN 38018
(901) 755-7696

RITE AID
1810 Union Ave
Memphis, TN 38104
(901) 272-6191

COMMUNITY WALGREENS
DR. NATE BOUTTE
1424 Union Ave
Memphis, TN 38104
(901) 725-7828

MADISON PHARMACY
1750 Madison Ave | #110
Memphis, TN 38104
(901) 274-4334
MENTAL/EMOTIONAL HEALTH

PILGRIM CENTER FOR COUNSELING
DR. JOEL CHAPMAN, PHD
1000 South Cooper St
Memphis, TN 38104
(901) 844-4357

DANIELLE TIPPING
PSY.D., PLLC
1331 Union Ave | Ste 1005
Memphis, TN 38104
(901) 472-7870

DR. CHRISTINE MALONE
PHD
671 N Ericson Rd | #104
Cordova, TN 38018
(901) 754-6644

CLIFF HEEGEL
PHD, MED, BA
4728 Spottswood Ave
Memphis, TN 38111
(901) 338-6863

KELLI DAVIS
MS, LPC, MHSP
1565 Overton Park Ave
Memphis, TN 38112
(901) 881-4942

FORWARD COUNSELING
KATHERINE BROWN
4646 Poplar Avenue | Ste 302
Memphis, TN 38117
(901) 930-7397
officemanager@forwardcounseling.com
forwardcounseling.com

JENNIFER VALLI
PHD, AASECT-CERTIFIED
SEX THERAPIST, LLC
1661 International Dr | Ste 400
Memphis, TN 38120
(901) 612-2700
jennifervalli.com

KIM MCCASKILL COUNSELING
KIM MCCASKILL LPC-MHSP
5865 Ridgeway Center Pkwy | Ste 300
Memphis, TN 38120
(901) 387-7747

FORWARD TOGETHER COUNSELING & CONSULTING
MATTHEW LONSKI
MS. ED., LCPC, LPC-MHSP
P (815) 901-2571 | F (629) 666-3350
mathew@forwardtogethercc.org
forwardtogethercc.org
*tele-health

KT HIESTAND
PHD
(901) 486-5745 | kthiestand@yahoo.com
HORMONE THERAPY

MODERN GYNECOLOGY & REPRODUCTIVE HEALTH
DR. SUSAN LACY
1407 Union Ave | Ste 1401
Memphis, TN 38104
(901) 316-9818
moregyn.com

NORTH INTERNAL MEDICINE
DR. DOUGLAS O’DEA, MD
DR. DEBRA DOWDA
7378 Yale Rd
Bartlett, TN 38133
(901) 387-0193
northinternalmedicine.com

METHODIST LEBONHEUR HEALTHCARE
DR. MARTIN ACREE, MD
1325 Eastmoreland Ave | Ste 150
Memphis, TN 38104
(901) 516-9830
methodisthealth.org

PLUME
getplume.co
*Virtual
**HRT/LABS/LETTERS

GENDER AFFIRMING SURGERY

PLASTIC SURGERY GROUP OF MEMPHIS
80 Humphreys Center Dr | Ste #100
Memphis, TN 38120
(901) 295-7478
memphisplasticsurgery.com

VANDERBILT UNIVERSITY MEDICAL CENTER
CLINIC FOR TRANSGENDER HEALTH
1211 Medical Center Dr
Nashville, TN 37232
(615) 538-3668
vanderbilthealth.com/clinic/clinic-transgender-health

BREAST SPECIALISTS

BAPTIST MAMMOGRAM GROUP
ALYSSA DAWN THROCKMORTON, MD
50 Humphreys | Ste 23
Memphis, TN 38120
o (901) 226-0816 | c (901) 493-7586
baptistdoctors.org
SPEECH & HEARING SPECIALISTS

SCHOOL OF COMMUNICATION SCIENCES & DISORDERS
MEMPHIS SPEECH & HEARING CENTER
JOHN SANDIDGE
4055 N. Park Loop
Memphis TN 38152
jlsnddge@memphis.edu
memphis.edu/csd

SEXUAL HEALTH

CHOICES: CENTER FOR REPRODUCTIVE HEALTH
1726 Poplar Ave
Memphis, TN 38104
(901) 274-3550
yourchoices.org

THE CORNER 💜
806 S. Cooper St
Memphis, TN 38104
text/call: (901) 896-0739
PEP ONLY: (901) 896-0360
thecorner806.org
*HIV & STI screening, pharmacy, PrEP and PEP dispensed

OUTMEMPHIS
892 South Cooper St
Memphis, TN 38104
(901) 278-6422
outmemphis.org

THE HAVEN 💖
622 Minor Rd
Memphis, TN 38111
(901) 467-1440
thehaven901.org

PLANNED PARENTHOOD GREATER MEMPHIS REGION
2430 Poplar Ave | #100
Memphis, TN 38112
(901) 725-1717
ppgmr.org
*Provides PrEP & PEP, affirming hormones, & sexual health.
DENTAL

MEMPHIS DENTAL CASTLE
WILLIAM N CASTLE, DDS, PLLC
79 North Cooper St
Memphis, TN 38104
(901) 685-5008
memphisdentistcastle.com

FARMINGTON DENTAL CENTRE
1918 Exeter Rd | #1
Germantown, TN 3813
(901) 755-2100

MASSAGE THERAPY

REVIVE MASSAGE MEMPHIS
LIVI HERMERDING
5159 Wheelis Dr, Ste 110
Memphis, TN 38117
(901) 907-2407
revivemassagememphis.com

COYOTE SOUL MASSAGE
BEN YOUNG (HE/THEY)
5159 Wheelis Dr | Ste 110
Memphis, TN 38117
(901) 485-8382 | coyotesoul2018@gmail.com
coyotesoulmassage.com

GYM/FITNESS

PLANET FITNESS
1635 Poplar Ave
Memphis, TN 38104
(901) 509-2074

5740 Stage Rd
Bartlett, TN 38134
(901) 757-3300
planetfitness.com

ATC FITNESS
KIRBY GATE SHOPPING CENTER
6558 Quince Rd
Memphis, TN 38119
(901) 756-2480
atcfitness.com
HOTLINES

THE TREVOR PROJECT
1-866-488-7386
thetrevorproject.org/get-help
*Call, text or online chat help available

TRANS LIFELINE
1-877-565-8860
translifeline.org

CRISIS CENTER

MEMPHIS CRISIS CENTER LGBTQ
(901) 274-7477
memphiscrisiscenter.org

FAMILY SAFETY CENTER
1750 Madison Ave | Ste 600
Memphis, TN
(901) 222-4400
(901) 800-6064 (Crisis Line)
familysafetycenter.org
*Victims of domestic violence resources and assistance

LOVE DOESN’T HURT
PO Box 17613
Memphis, TN 38187
(901) 213-7661 | info@lovedoesnthurt901.com
lovedoesnthurt901.com

HARM REDUCTION CARE

A BETOR WAY
(901) 290-6592
abetorway.org
*Needle Swap program, Narcane kits
LEGAL

LEGAL AID

ACLU-TN
P. O. Box 120160
Nashville, TN 37212
(615) 320-7142
aclu-tn.org

TENNESSEE EQUALITY PROJECT
info@tnep.org
media@tnep.org
tnep.org

LGBTQ LIAISON

MEMPHIS POLICE LGBT LIAISON
POLICE RELATIONS & AFFAIRS
OFFICER MYRON DIXON
myron_dixon08@yahoo.com
(773) 656-3283
memphistn.gov

SPECIAL VICTIMS’ UNIT SHELBY COUNTY SHERIFF’S OFFICE
SERGEANT NATALIE HILLMAN
(901) 224-4964

TAX & FINANCE

A D TAX SERVICE
ASHSHALA DOTSON
(901)593-3739 ext 1
admin@adtaxservice.com
adtaxservice.com

*Small Business & Individual Tax Preparation
ATTORNEY

SHARP LEGAL GROUP
CHASITY S. GRICE, ATTORNEY AT LAW
22 N Front St
Memphis, TN 38103
(901) 575-3500
memphisprobatelaw.com

SUSAN MACKENZIE
2157 Madison Ave | Ste 104
Memphis, TN 38104
(901)-272-2729
susanmackenzieLaw.com

LAW OFFICE OF GILES W. KING
GILES W. KING
5699 Getwell Rd
Southhaven, MS 38672
(662) 349-3111
gilesKinglaw.com

BRANAN DEBRA PACE
2584 US-51
Hernando, MS 38632
(662) 449-4800

JOE OZMENT
212 Adams Ave | #1922
Memphis, TN 38103
(901) 525-4357
josephozmentlaw.com

SARAH SCHNAITHMAN
(254) 709-1052 | saschnai@go.olemiss.edu
## FAITH & SPIRITUALITY

### CHRISTIANITY

<table>
<thead>
<tr>
<th>Church Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>FIRST CONGREGATIONAL CHURCH</td>
<td>1000 South Cooper St, Memphis, TN 38104</td>
<td>(901) 278-6786</td>
<td>firstcongo.com</td>
</tr>
<tr>
<td>CATHEDRAL OF PRAISE</td>
<td>561 S. Prescott St, Memphis, TN 38114</td>
<td>(901) 504-5289</td>
<td>cathedralmemphis.org</td>
</tr>
<tr>
<td>FREEDOM’S CHAPEL CHRISTIAN CHURCH</td>
<td>961 Getwell Rd, Memphis, TN 38111</td>
<td>(901) 244-7661</td>
<td>FREEDOM’S CHAPEL CHRISTIAN CHURCH</td>
</tr>
<tr>
<td>CATHEDRAL OF THE IMMACULATE CONCEPTION</td>
<td>1695 Central Ave, Memphis, TN 38104</td>
<td>(901) 725-2700</td>
<td>iccathedral.org</td>
</tr>
</tbody>
</table>

### JUDASIM

<table>
<thead>
<tr>
<th>Synagogue</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>BETH SHOLOM SYNAGOGUE</td>
<td>6675 Humphreys Blvd, Memphis, TN 38120</td>
<td>(901) 683-3591</td>
<td>bsholom.org</td>
</tr>
<tr>
<td>TEMPLE ISRAEL</td>
<td>1376 East Massey Rd., Memphis, TN 38120-3299</td>
<td>(901) 761-3130</td>
<td>TEMPLE ISRAEL</td>
</tr>
</tbody>
</table>

### NON-DENOMINATIONAL

<table>
<thead>
<tr>
<th>Church Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>NESHOBIA UNITARIAN UNIVERSALIST CHURCH</td>
<td>7350 Raleigh Lagrange Rd, Cordova, TN 38018</td>
<td>(901) 266-2626</td>
<td>neshobachurch.org</td>
</tr>
<tr>
<td>QUAKERS</td>
<td>3387 Walnut Grove Rd, Memphis, TN 38111</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
BEAUTY

SALONS

SALON 387
387 S Main St
Memphis, TN 38103
(901) 288-6208
salon387memphis.com

RACHEL’S SALON & DAY SPA
10 N Main St, Memphis, TN 38103
(901) 527-7511
memphissalonspa.com

DABBLES HAIR COMPANY
19 North Cooper St
Memphis, TN 38104
(901) 725-0521

PAVO SALON MIDTOWN
2157 Central Ave
Memphis, TN 38104
(901) 818-0773
pavosalon.com

GLO MEDICAL AESTHETICS
JAKLYN KEEN
703 New York St
Memphis, TN 38104
(901) 826-2306
glomedmemphis.com

EMPIRE HAIR STUDIO
615 Cooper St
Memphis, TN 38104
(901) 672-7926
empirehairstudio.com

MID-CITY BARBER SHOP
567 Cooper St
Memphis, TN 38104
(901) 725-6858
midcitybarber.com

PRESIDENTIAL BARBER LOUNGE
1320 Madison
Memphis, TN 38104
(901) 347-2366
pblmemphis.com

CRIMSON & CLOVER
KELLY AMOS
1835 Union Ave
Memphis, TN 38104
kellyamos.glossgenius.com

BLUE SUEDE DO’S
5050 Poplar Ave, Ste 101
Memphis, TN 39157
facebook.com/BlueSuedeDos

BLANK BEAUTY
1125 Schilling Blvd E Ste 104
Collierville, TN 38017
(629) 777-6290
blankbeauty.com

TANGLES
2739 Bartlett Blvd
Memphis, TN 38134
(901) 377-9078
facebook.com/TanglesMemphis

REGIS
1001 Barnes Crossing Rd
Tupelo, MS 38804
(662) 842-7227
barnescrossing.com

HIGH MAINTENANCE
7040 Windstone Blvd, Ste 100
Olive Branch, MS 38654
(662) 890-9501
highmaintenancesalon.org
SPA

PASTILLE SALON & DAY SPA
8504 Macon Rd
Cordova, TN 38018
(901) 624-5600
pastillesalon.com

JUVE SALON
620 South Perkins Rd
Memphis, TN 38117
(901) 683-3944
facebook.com/juvesalon

MONA ESTHETICS
Laurelwood Shopping Center
4564 Poplar Ave
Memphis, TN 38117
(901) 683-0048
monaspaandlaser.com

HAIR, NAILS, & SKIN

XSOTERIK PARLOR
JAZZMINE
1835 Union Ave
Memphis, TN 38104
(901) 210-4854
xsoterikparlorllc.glossgenius.com

ANDREA'S NAILTIQUE
3589 Park Ave
Memphis, TN 38114
(901) 323-7227
facebook.com/Andreas-Nailtique

SOLUTIONS MEDICAL CENTER
832 W Poplar Ave
Collierville, TN 38017
(901) 853-6428
solutionsmedicalcenter.com

ENVY NAIL BAR
4546 Poplar Ave #103,
Memphis, TN 38117
(901)-249-2160
envynailbarmemphis.com

MILIAN LASER TREATMENT
5853 Poplar Ave
Memphis, TN 38119
(901)-431-6035
milanlaser.com/trans

DERMATOLOGY REALM
2120 Merchants Row, Ste 2
Germantown, TN 38138
(901) 362-7170
dermrealm.com
TATTOO & PIERCINGS

ROSE QUARTZ BODY ADORNMENT
PIERCING SPECIFIC
1296 Peabody Ave (REAR)
Memphis, TN
(901) 728-7582
rosequartzbodyadornment@gmail.com
instagram.com/rosequartz901

UNDERGROUND ART, INC
2287 Young Ave
Memphis, TN 38104
(901) 272-1864
makingmommaproud.com

ILLUSION INK TATTOO & PIERCING
KATIE ZIMMERMAN
9045 Millbranch Rd
Southaven, MS 38671
(901) 486-2528
illusionink.net

TRILOGY TATTOO
530 South Highland St
Memphis, TN 38111
(901) 327-0404
trilogymemphis.com

NO REGRETS
1928 Madison Ave
Memphis, TN
901-272-6996

ELECTRIC TIGER TATTOO
748 N White Station Rd
Memphis, TN 38122
(901) 438-7305
instagram.com/electrictigerstudio
# Coffee

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City, State</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OTHERLANDS COFFEE BAR</strong></td>
<td>641 Cooper St</td>
<td>Memphis, TN 38104</td>
<td>(901) 278-4994</td>
<td><a href="#">here</a></td>
</tr>
<tr>
<td><strong>JAVA CABANA</strong></td>
<td>2170 Young Ave</td>
<td>Memphis, TN 38104</td>
<td>(901) 272-7210</td>
<td><a href="#">here</a></td>
</tr>
<tr>
<td><strong>BOYCOTT COFFEE</strong></td>
<td>240 Madison Ave</td>
<td>Ste 103</td>
<td>Memphis, TN</td>
<td><a href="mailto:hello@boycottcoffee.com">hello@boycottcoffee.com</a></td>
</tr>
<tr>
<td><strong>BELLTOWER</strong></td>
<td>529 S Highland St</td>
<td>Memphis, TN 38111</td>
<td>(901) 590-2677</td>
<td>belltowercoffeestudio.com</td>
</tr>
<tr>
<td><strong>FRENCH TRUCK</strong></td>
<td>1350 Concourse Ave</td>
<td>#167</td>
<td>Memphis, TN 38104</td>
<td>(901) 878-3383</td>
</tr>
</tbody>
</table>

# Bars & Breweries

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City, State</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CAMEO</strong></td>
<td>1835 Union Ave</td>
<td>Suite 103</td>
<td>Memphis, TN 38104</td>
<td>cameomemphis.com</td>
</tr>
<tr>
<td><strong>MEMPHIS MADE</strong></td>
<td>768 Cooper St</td>
<td>Memphis, TN 38104</td>
<td>(901) 207-5343</td>
<td>memphismadebrewing.com</td>
</tr>
<tr>
<td><strong>SOUL &amp; SPIRITS</strong></td>
<td>845 N Main St</td>
<td>Memphis, TN 38107</td>
<td><a href="mailto:info@soulandspiritsbrew.com">info@soulandspiritsbrew.com</a></td>
<td>soulandspiritsbrew.com</td>
</tr>
<tr>
<td><strong>WISEACRE BREWING</strong></td>
<td>2783 Broad Ave</td>
<td>Memphis, TN 38112</td>
<td>398 S BB King Blvd</td>
<td>memphismadebrewing.com</td>
</tr>
</tbody>
</table>

*POS system allows a name different from your debit/credit card for your tab*
RESTAURANTS

SOUL FISH CAFE
862 S Cooper St
Memphis, TN 38104
(901) 725-0722
soulfishcafe.com

HUEY’S
1927 Madison Ave
Memphis, TN 38104
(901) 726-4372
hueyburger.com

IMAGINE VEGAN CAFE
2158 Young Ave
Memphis, TN 38104
(901) 654-3455
imaginevegancafe.com

BELLY ACRES
2102 Trimble Pl
Memphis, TN 38104
(901) 529-7017
bellyacres901.com

MOT & ED’S
1354 Madison Ave
Memphis, TN 38104
(901) 249-8976

PHO BIHN
1615 Madison Ave
Memphis, TN 38104
(901) 276-0006

SOUL FISH CAFE
862 S Cooper St
Memphis, TN 38104
(901) 725-0722
soulfishcafe.com

PATRICK’S
4972 Park Ave
Memphis, TN 38117
(901) 682-2852
patricksmemphis.com

RED KOI
5847 Poplar Ave
Memphis, TN 38119
(901) 767-3456
redkoimemphis.com/

CIAO BELLA
5101 Sanderlin Ave | Ste 100
Memphis, TN 38117
(901) 205-2500
ciaobellamemphis.com

MORTIMER’S
590 N Perkins Rd
Memphis, TN 38122
(901) 761-9321
mortimersmemphis.com

PANTA 😊
2146 Monroe Ave
Memphis, TN 38104
(901)417-7491
pantamemphis.com
*Queer Happy Hour Mondays @ 7pm
SHOPPING

VINTAGE

FLASHBACK
2304 Central Ave
Memphis, TN 38104
(901) 272-2304
flashbackmemphis.com

LINGERIE

COCO & LOLA’S MIDTOWN LINGERIE MEMPHIS
710 S Cox St
Memphis, TN 38104
(901) 425-5912
cocoandlolas.com

A FITTING PLACE
6150 Poplar Ave
Memphis, Tn
(901) 683-0210

SHOES

ENVIOUS SOLES SHOETIQUE
TONETTA DILLARD
2753 S Mendenhall Rd
Memphis, TN 38115
(901) 517-8476 | tonetta@envioussoles.com
envioussoles.com
WHATEVER (headshop)
whatevershops.com

UNIVERSITY DISTRICT
575 Highland
Memphis, TN 38111
(901) 452-4731

MIDTOWN
2027 Madison Ave
Memphis, TN 38104
(901) 590-0048

OLIVE BRANCH
4850 Goodman Road | Ste 104
Olive Branch, MS 38654
(662) 420-7376

BUFF CITY SOAP
944 Cooper St
Memphis, TN 38104
(901) 207-6749
buffcitysoap.com
CLUBS, & VENUES

CLUB 360
3896 Lamar Ave
Memphis, TN 38111

DRU’S BAR
1474 Madison Ave
Memphis, TN 38104
(901) 275-8082

CLUB MEMPHIS
2790 Park Ave
Memphis, TN 38114

PUMPING STATION
1382 Poplar Ave
Memphis, TN 38104
(901) 272-7600

BLACK LODGE
405 N Cleveland St
Memphis, TN 38104
(901) 424-1514
blacklodgememphis.com

ATOMIC ROSE
140 Lt. George W Lee Ave
Memphis, TN 38103
(901) 922-5645
atomicrosememphis.com

LAMPLIGHTER LOUNGE
768 Cooper St
Memphis, TN 38104
(901) 567-5322
lamplighterloungememphis.com

MUSEUMS

MOSH (Pink Palace)
3050 Central Avenue
Memphis, TN 38111
(901) 636-2362
moshmemphis.com

METAL MUSEUM
74 Metal Museum Dr
Memphis, TN
(901) 774-6380
metalmuseum.org

BROOKS MUSEUM
1934 Poplar Ave
Memphis, TN 38104
(901) 544-6200
brooksmuseum.org
GARDENS

MEMPHIS BOTANICAL GARDENS
750 Cherry Rd
Memphis, TN 38117
(901) 636-4100
membg.org/

DIXON GALLERY & GARDENS
4339 Park Avenue
Memphis, TN 38117
(901) 761-5250
dixon.org

GAMES

BOARD TO BEERS
2867 Poplar Ave
Memphis, TN 38111
(901) 347-2787
board2beers.com

OUTLOUD MEMPHIS
BOWLING LEAGUE & KICK-BALL LEAGUE
outloudmemphis.leagueapps.com/leagues

BACKBEAT BALLAD
backbeatballad.com
*LARP

PRIDE

MID-SOUTH PRIDE
VANESSA RODLEY
(310) 936-9378
midsouthpride.org

TRI-STATE BLACK PRIDE
(901) 831-0821
dclemens@cathedralmemphis.org
tristateblackpride.com
CLUBS & ORGANIZATIONS

SUPPORT

OUTMEMPHIS GROUPS
892 South Cooper St
Memphis, TN 38104
(901) 278-6422
outmemphis.org

VIRTUAL-T
Virtual-T is an online peer support group for any trans, GNC, and nonbinary community members 18 and older. Tuesdays 6pm on Zoom

EVOLVE
Evolve is a trans social support group for trans community members 40 and older. Thursdays at 6pm @ OUTMemphis

GNC/NON-BINARY GROUP

MEMPHIS TRANSLOVE
AMARANTHUS HYDEN (FOUNDER)
instagram.com/memphistranslove
*A Trans lead collective creating events that provide space, opportunities, and resources for Trans/GNC people.

WE CARE TN
3874 Viscount Ave
Memphis, TN 38118
(901) 748-5297
*transwomen of color focused.

THE HEADLINERS MEMPHIS
(901) 308-5855
headlinersmemphis@gmail.com
facebook.com/headliners901

DELTA TRANSMASCULINE
ftmmemphis.org
*trans masc focused.
**HOIST**
midsouthkls@gmail.com
hoistmemphis.org

*HOIST focuses on the ideals of brotherhood and fellowship among men interested in leather, BDSM, and various other fetishes while providing charitable and educational resources for the community.

**FOCUS MAGAZINE**
2296 Young Ave
Memphis, TN 38104
(901) 800-1172
focuslgbt.com

**RE:FOCUS (PODCAST)**
focuslgbt.com/focus-mid-south/refocus-podcast

**MUSING WITH MOTHIE (PODCAST)**
focuslgbt.com/focus-mid-south/refocus-podcast/musing-with-mothie
HOUSING & MAINTAINANCE

HOUSING

MY SISTAH’S HOUSE
2694 Mcgregor Ave
Memphis, Tennessee 38127
(901) 352-1660
mshmembphis.org
*Provides emergency housing for Trans/GNC people on a temporary basis. Our Housing is a SAFE ZONE and a DRUG-FREE Facility.

METAMORPHOSIS PROJECT
2055 Southern Ave
Memphis, TN 38104
(901) 672-7594
metamorphosis@outmemphis.org
outmemphis.org/metamorphosis
*Emergency Housing ages 18-24

MORGAGE FINACIAL SERVICES
JENNIFER BALLHEIMER
1582 Poplar Ave, Memphis, TN 38104
(501) 472-8109 | jennifer@mfsus.com
jballheimer.mortgagefinancial.com

ROWE REALTORS
AUSTIN ROWE
212 Adams Ave
Memphis, TN 38103
(901) 734 5758 | austin@austinrowe.realtor

HOME REPAIRE

SOUTHERN ROOFING & RENOVATIONS
TED LINK
c (901) 871-8351
o (901) 290-8625
southernrnr.com
CONSULTANT

MINNASSA MINDFULNES
MINNASSA GABON
8496 Wilkinsville RD | Ste #101-307
Millington, TN 38053
(901) 472-4472
minnassa.com

ELEMENTARY

MIDTOWN MONTESSORI SCHOOL
FAIQA KHAN
1430 Poplar Ave
Memphis, TN 38104
faiqa.khan@memphismontessori.org
memphismontessori.org

HIGHER EDUCATION

GRADUATE SCHOOL
MX. MAR NEWELL (They/Them)
THE UNIVERSITY OF MEMPHIS
365 Innovation Dr | Room 201M
Memphis, TN 38152
(901) 678-2095
menewell@memphis.edu
If you are interested in being added to the guide during the next update please fill out this form now!

Our list is ever growing and wouldn’t be what it is without your help.

Thank you!
Each donation to our Trans Resource Fund not only helps secure the Midsouth Trans Resource Festival, it also insures that we can continue to offer aid to our local trans community year after year.
WAYS TO GIVE

BECOME A SUSTAINING DONOR
Invest in all our programs through a monthly donation.

DONATE TO THE METAMORPHOSIS PROJECT
Help our young adults find stability.

DONATE TO THE OUTLAST FUND
Help provide food, rent, and utilities for LGBTQ+ adults.

OUTMEMPHIS COMMUNITY CENTER
892 COOPER STREET

THE METAMORPHOSIS PROJECT:
YOUTH EMERGENCY CENTER
2055 SOUTHERN AVENUE

ADMIN & DONATION CENTER
832 VIRGINIA RUN COVE

A SPECIAL THANKS TO
Legend of Shelda: Design & Illustration, Cover Art & Layout Design